

<p>Week beginning 29.06.20</p>	<p>Reception daily learning tasks</p> <p>Maths: Please call school to arrange collection of your ‘Power Maths’ book. Do a page every day. You could then develop the skills you have been working on using www.topmarksmaths.co.uk, try to go on hit the button each day to improve your times tables or number bonds. Don’t forget you can go on ‘Doodle’ too.</p> <p>School is open every day, so if you would like more reading books just call the office to arrange a time to collect them.</p> <p>PE: Try to do something active each day. Joe Wicks is hosting live PE lessons, which you can join in with. You can find this on Youtube. There are many other similar activities you could try, from yoga to home workouts, from the safety of your home.</p>
<p>Monday</p>	<p>Science</p> <p>Healthy eating.</p> <p>Normally we would have a competition at school but I’m hoping you will join in with this activity and send us some pictures. No prizes this year - sorry. But you do get to eat your lovely creations!</p> <p>We are going to make healthy eating animals. The challenge is to create a fruit animal that would encourage other children to eat more fruit. You can use vegetables too if you wish. Cocktail sticks are useful to hold the fruit together but If you don’t have any you can always just create your animal on a plate. Here are some pictures of fruit animals that I would like to eat! Just google fruit animals and click on images to get more ideas.</p>



Tuesday

**Forest school
Mandalas**

This week we are thinking about our wellbeing and creating a mandala. A mandala is a circular symbol, often seen in Hinduism and Buddhism, which represents the universe. It can be used as a focus for meditation, and making one is very calming

and centring. You can use any materials you like to make a mandala. They often use symmetry and repeating patterns as you will see in the pictures.

Gather materials from the natural environment, and use them to create a circular design. You can begin with one circle, drawn on a sheet, drawn with chalk on the ground, made from a ring of leaves or pebbles, or around a hula hoop. Then begin to fill in your mandala. Think about the colours, shapes, sizes and textures of the materials you use, and create your own unique design. If you want to, you can make the mandala bigger by adding layers to the outside.

When you have finished you might like to spend some quiet and reflective time just looking at your mandala and relaxing your breathing. Noticing the sounds, sights and smells in your outdoor area. You could let your mind wander to nice places, memories or stories you have been reading. Relax and enjoy.

Some examples of mandalas are shown below. Remember not to pick flowers, only use petals that have fallen already or any other materials you can find on the ground. As always remember to wash your hands thoroughly when you get in and wear sunscreen if it is hot. I love it when you send me pictures of what you have done.



Wednesday

Coasts

See the activities about coasts

Thursday

Art

	<p>Wave art</p> <p>The Tate Modern is an art gallery in London. Their website has lots of interactive games and activities for you to explore. I thought their wave paintings looked like a great idea for us to try.</p> <p>https://www.tate.org.uk/kids/make/paint-draw/make-wave-painting</p> <p>If you haven't got ink at home, try watering down some paints or perhaps you could make your own 'paint' using natural things in your house or garden.</p>
Friday	<p>Music</p> <p>This week's lesson continues from the story last week with Suki and Nigel. This week we are going to learn to sing a song called, 'There's a hole at the bottom of the ocean'.</p> <p>https://www.bbc.co.uk/teach/school-radio/music-ks1-sun-sea-song-2-theres-a-hole-in-the-bottom-of-the-sea/zvr7jhv</p>

<p>Week beginning 29.06.20</p>	<p>Reception English activities</p>
<p>Monday The Lighthouse Keeper's Catastrophe by Ronda and David Armitage Coastal Safety</p>	<p>Read the story of the Lighthouse Keeper's Catastrophe.</p> <p>You can watch it here https://www.youtube.com/watch?v=A54Ys0HoWaM</p> <p>What could have happened if Mr Grinling hadn't managed to get to the lighthouse and light the lamp? Explain why we need lighthouses and how they keep people safe.</p> <p>Draw a picture of what would happen if the lighthouse lamp was not lit. Label your picture and write a sentence.</p>
<p>Tuesday</p>	<p>Research lighthouses – especially Happisburgh, which is just along the coast from us. Happisburgh lighthouse is 230 years old and it is still shining! Can you find out some of the history of the lighthouse? Are there any interesting stories of storms or shipwrecks? Why is a lighthouse needed here? Why was the lighthouse built? How was the lighthouse lit before we had electricity? The lighthouse website can be found here http://happisburgh.org.uk/lighthouse/. More information is available here https://www.britainexpress.com/counties/norfolk/properties/happisburgh-lighthouse.htm.</p> <p>You can choose a different lighthouse to research if you want to.</p> <p>Discuss why lighthouses were built, draw a picture of a lighthouse and write an interesting fact.</p>
<p>Wednesday</p>	<p>Coastal erosion</p> <p>Watch this video about coastal erosion https://www.bbc.co.uk/bitesize/clips/z9xsb9q. The same thing is happening around the country, even in Norfolk. Happisburgh is one of the places that this is happening. Look at these pictures:</p>



2001



2019

	<p>Can you see the lighthouse? Is it near or further away from the sea in 2019? Can you spot any houses missing from the 2019 photo?</p> <p>Draw a house hanging off a cliff edge and write a sentence to explain what is happening.</p>
<h2>Thursday</h2>	<p>Make a safety poster about playing safely on the beach.</p> <p>The seaside is a wonderful place to visit but it can be dangerous. Every year many people need the help of coastguards to rescue them. There are some ways we can stay safe at the beach, watch this video https://www.bbc.co.uk/cbeebies/watch/top-tips-for-staying-safe-at-the-beach.</p> <p>Can you design a poster to help other children know how to stay safe at the beach? Remember to use a bold heading such as 'Beach Safety'. Think about how to stay safe from the sun and how to stay safe in the sea. Draw pictures of ways to stay safe and label them. C3 – can you also include tips about cliff safety now that you know about coastal erosion? Look at the poster about beach flags, can you include one of these in your poster?</p> <p>Draw ways to keep safe on the beach and label.</p>
<h2>Friday</h2>	<p>Write a news report about a rescue.</p> <p>Beaches can be dangerous and sometimes people can get trapped by the tide. The water can come in very quickly before people are able to get back to the shore. This happened recently in Norfolk, you can read about it here https://www.edp24.co.uk/news/nineteen-people-rescued-after-getting-cut-off-on-scolt-head-island-1-6669669.</p> <p>Can you write a news report about people being trapped by the sea? Think of a good heading that will catch the reader's attention, such as 'Six year old boy stranded alone at high tide'.</p> <p>Often in newspaper reports, there are comments from the victims. Remember to use inverted commas for speech. Make it sound dramatic and include how the stranded people would have been feeling when stranded and when they are rescued. Maybe you could imagine that it is you or your family that needs rescuing.</p> <p>Draw a picture of people stranded and write a sentence about how they are feeling.</p>