

QUICK GUIDE FOR SCHOOLS AND PARENTS ABOUT CORONAVIRUS ABSENCE FROM SCHOOLS

CORONAVIRUS SYMPTOMS ARE:



- A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)



- A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)



- A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

WHAT TO DO IF ...	ACTION NEEDED	OUTCOME	RETURN TO SCHOOL
My child has coronavirus symptoms	<p>Do not come to school</p> <ul style="list-style-type: none"> • Whole household starts isolating at home. • Ring 119 to book a test for your child or book online NHS.UK/coronavirus • Ring and tell the school that your child has coronavirus symptoms. 	<p>If the test is negative ring and tell the school.</p> <p>The household can stop isolating when your child feels well and everyone in the household / bubble who has symptoms also tests negative.</p>	Return to school when your child feels well, no longer has symptoms similar to coronavirus (COVID-19) and you have told the school that the test result was negative.
My child has tested positive for coronavirus.	<p>Do not come to school</p> <ul style="list-style-type: none"> • Continue to isolate at home. • Ring and tell the school that your child has tested positive for coronavirus 	<p>Your child continues to isolate for at least 10 days.</p> <p>Your household and any support bubble isolate for 14 days.</p> <p>If anyone else in the household develops symptoms, they should book a test. and start a new period of 10 day isolation.</p>	Your child can return to school after 10 days from the onset of their symptoms if they no longer have a high temperature and they feel well enough.

WHAT TO DO IF ...	ACTION NEEDED	OUTCOME	RETURN TO SCHOOL
My child is ill with symptoms not linked to coronavirus, for example a runny nose, sore throat or mild cough.	Follow the usual school absence policy procedure.		<p>If your child has had sickness or diarrhoea they can return after 48 hours following the last bout.</p> <p>If they have been ill with other non-coronavirus symptoms they can return to school when they are well.</p>
A person in the same household has coronavirus symptoms.	<p>Do not come to school</p> <ul style="list-style-type: none"> • Start isolating at home. • Ring 119 to book a test for the person with symptoms or book online NHS.UK/coronavirus • Ring and tell the school that someone in the household has coronavirus symptoms. 	<p>If the test is negative ring and tell the school. (see below for what to do if they test positive).</p> <p>The household can stop isolating as long as the person feels well and everyone in the household / support bubble who has symptoms also tests negative.</p>	Return to school once you have told the school the test result was negative.
A person in the same household has tested positive for coronavirus	<p>Do not come to school</p> <ul style="list-style-type: none"> • Continue isolating at home. • Ring and tell the school that someone in the household has tested positive. 	<p>The person continues to isolate for 10 days.</p> <p>Your child and the rest of the household isolate for 14 days.</p> <p>If anyone else in the household develops symptoms, they should book a test.</p>	Your child can return to school after 14 days.
The Contact Tracing Services (NHS Test and Trace or Local CT Service) have contacted me. My child has been in close contact with someone who has tested positive	<p>Do not come to school</p> <ul style="list-style-type: none"> • Start isolating at home. • Ring and tell the school that your child has been told to isolate by the Contact Tracing Services. 	Your child isolates for 14 days.	Your child can return to school after 14 days if they have not developed symptoms themselves.

WHAT TO DO IF ...	ACTION NEEDED	OUTCOME	RETURN TO SCHOOL
The country we / my child has just travelled back from is on the Government's quarantine list	Do not come to school <ul style="list-style-type: none"> • Start isolating at home • Ring the school and tell them that you have returned from a country that requires you to quarantine for 14 days 	Your child / household isolates for 14 days.	Your child can return after 14 days.
I have recently received medical advice that my child must shield	Don't come to school <ul style="list-style-type: none"> • Shield/isolate • Ring the school and tell them that your child has been told to shield/isolate 	Shield or self-isolate for as long as advised to.	Your child can return to school once shielding or self-isolation ends.
My child's school bubble has closed because of coronavirus	Don't come to school <ul style="list-style-type: none"> • Start isolating at home (only your child needs to isolate unless they or someone in the family develops symptoms) 	Isolate for 14 days.	The school will tell you when your child can return / when their school bubble reopens.