

## Part B

# Supporting parents and carers of children and young people with SEND

The starting point for information about services and help across Norfolk can be found on the Norfolk SEND Local Offer web pages at [www.norfolk.gov.uk/SEND](http://www.norfolk.gov.uk/SEND). **There are specific pages aimed for children and young people aged 10 to 25 to use themselves.**

**Click here to find a useful definition of what the Norfolk SEND Local Offer is and how it works.**

**Family Voice Norfolk** is the parent carer forum for Norfolk – a group of parents and carers of children and young people with SEND. Its aim is to improve services for children and young people by ensuring that families' voices are heard by planners and decision-makers. Parent carers and professionals can become members and receive information about Family Voice Norfolk activities and events. Membership is free.

Find out more about the **Norfolk Register of Disabled Children and Young People** and how to register your child or young person.

### 1. Education advice for parents and carers

**1.1** Parents and carers of pre-school age children can find further information on these links:

**SEN services and support in early years education** gives further information about finding suitable pre-school providers for young children with SEND.

**Norfolk portage service** gives further information on the free home-based portage service which is a visiting educational service for pre-school children with additional needs and their families.

**Early identification of need** explains why information about pre-school age children needs to be shared between health and education professionals.

**Family Information Service** provides free advice, guidance, support, and information on childcare and can signpost to other support services.

- 1.2** Parents and carers of children and young people at schools and academies can find further information on these links:

**Understanding what SEN Support is and how it works** gives an easy definition of SEN support, explains 'assess, plan, do, review' and gives parents and carers guidance on what to do if they have concerns.

**Provision Expected at SEN Support (PEaSS) guidance** outlines what extra support children should get at school.

**What is a SEN information report?** explains how parents and carers can find out more about how schools in their area provide for children and young people with SEND

**Supporting young people with medical conditions** gives information about the arrangements schools should make to support pupils with medical conditions, individual healthcare plans (IHPs), medical needs co-ordinators and medical needs referrals.

**Dyslexia awareness for parents** gives information about courses and information sessions.

**Transition** outlines how parents and carers can best support children and young people to move between educational settings or into a new phase in their education.

**Specialist resources bases (SRBs)** gives information about how these bases at mainstream schools work and the different kinds of bases available in Norfolk.

- 1.3** Parents and carers of young people and young adults with SEND can find further information on these links:

**Further education, higher education and training** gives further information about study and training options for young people aged 16 to 25.

**SEN services and support in further education** gives further information about the SEN support available in various post-16 settings

The **College SEND Review Guide** gives information about how colleges can and should be effective in their provision for learners with special educational needs and disabilities.

## 2. Special schools and alternative provision

These links give further information about the special school and alternative provision available and how it works:

- 2.1 State funded special schools**
- 2.2 Independent special schools**
- 2.3 Alternative provision**
- 2.4 Admissions process for special schools and specialist colleges**

## 3. Signposting parents and carers to where they can find out more

- 3.1 Norfolk SEND Bulletin subscription** is where parents and carers can subscribe to the Norfolk SEND Bulletin newsletter and find details of other SEND newsletters.
- 3.2 SEND e-learning** provides free online learning sessions for parents and carers and professionals
- 3.3** Follow the **Norfolk SEND Local Offer Facebook page** for regular updates on a range of issues

## 4. Support for parents, carers and families

- 4.1 SEND support groups and events** gives useful links to local support groups including Norfolk SENDIASS, Nansa and Sensational Families, Norfolk SEN Network and parent carer group Family Voice Norfolk and events for parents and carers.
- 4.2 Support for families caring for a child or young person with SEND** outlines how to find support for your family, for yourself, work and employment and childcare support, leisure events and activities, advocacy support, and preparing for the future
- 4.3 Social care for children with SEND** gives information about what support is available, who is eligible, how you can be assessed, and the short breaks service.
- 4.3 Health** gives links to the Healthy Child programme, the **Just One Norfolk** children and young people's health services website, annual health checks, behaviour and sleep and other health services for children and young people with SEND

- 4.4 Health services for children and young people with SEND** gives information about neurodevelopmental services, speech and language therapy, mental health services, occupational therapy, audiology, physiotherapy, continence services and community nursing and paediatrics and more.
- 4.5 Things to do for children and young people with SEND** gives links to the Norfolk Community Directory and other useful signposts for activities suitable for children and young people with SEND

## 5. Support for young people and young adults with SEND and their parents and carers

- 5.1 Preparing for adult life - Norfolk County Council** is a large collection of web pages giving information about planning the journey to adulthood, getting a job, leisure and community, and finding somewhere suitable to live as well as advice on keeping healthy, money and travelling independently. It also contains a useful ten steps for preparing for adult life.
- 5.2** Groups for young people include **Norfolk SEND youth forum** and the **DRAGONS disability action group for young people**
- 5.3 Social care services for young adults with SEND** gives information about the adult services available and how young people can be assessed for their eligibility for help from Adults' Social Services
- 5.4 Continuing healthcare for adults** gives information about how services change once a young person with SEND turns 18.
- 5.4 Transition between childrens and adult health services** gives information about how to plan for this move, transition healthcare plans, and the services available