

Fleggburgh VC Primary School 2021 - 2022

May 2021

Sports and PE Grant

'Soar on Wings'

Context: Our school understands the difference PE, School Sport and Physical Activity makes to the development of well-balanced responsible individuals. As a school we aim to use the Sports and PE Grant effectively to have an impact on Teaching, Learning and Assessment and Personal Development and Behaviour. We seek to ensure all our pupils access sustainable high quality PE, school sport, physical activity and healthy lifestyle choices. The support of our pupils' mental health and time outdoors is of increased priority in light of the impact of the pandemic.

We want our children to:

- Enjoy at least 60 minutes of physical activity each day with at least 30 minutes at school.
- Know we value and enjoy PE, sport and physical activity.
- Be taught by staff with good knowledge, skills and confidence in sport and PE.
- Be taught by staff who creatively plan for learning in the outdoors and through physical activity across the curriculum
- Enjoy a school learning environment which supports physical activities and healthy lifestyle choices.
- Experience a range of sports and activities
- Have opportunities to take part in competitive sports within the cluster, federation and in house House system.
- Develop strategies to keep them physically and mentally healthy and strong
- To develop and apply the school's Christian core values of respect, responsibility, compassion, courage, trust and perseverance.

We will report on the impact and key achievements of our work in June 2022









Commitment : 2021-2022

KPI 1: The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

- Sustain 'Walking to School' culture
- Maximise use of village facilities to promote physical activity and links activity with an interest in nature
- Maximize use of school grounds throughout the school day in response to pupil voice and with a view to increasing physical challenge
- Pupils in YR/1/2 to access one day of outdoor learning each week
- Increase opportunities for participating in a wider range of physical activities through all areas of the curriculum
- Increase free flow for Early Years developing the EY outdoor area accordingly
- Offer regular After School activities/cluster events

KPI 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement

- Teachers plan outdoor learning opportunities in all areas of the curriculum
- Staff and children adopt an 'all weather' approach to being in the outdoors during the school day
- Strategies in place to celebrate and share the joy of participating in sport, PE and outdoor learning and play

KPI3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

- Develop the role of the Sports HLTA in developing the skills of colleagues
- Provide training opportunities/peer network opportunities linked to PE, Sport, physical activity and healthy lifestyles
- Further develop partnership with Premier Sport to impact the knowledge, skills and confidence of staff

KPI 4: Broader experience of a range of sports and activities offered to all pupils

- Provide taster sessions and curriculum days to introduce pupils to new activities and skills
- Purchase creative resources to enable pupils to explore new activities
- Follow an international sporting event as a school linked to the curriculum to generate an excitement for Sport and PE
- Fully participate in the Acle Cluster Events programme

KPI 5: Increased participation in competitive sport

- Support and contribute to the development of small schools' networks (Federation, Cluster, NE Norfolk Rural Schools)
- Fully contribute to and access cluster events through the Acle cluster
- Embed activities which encourage pupils to gain personal bests
- Develop the competitive element through the school's House system

KPI 6: Children make consistent informed health lifestyle choices related to diet and hydration and increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement

• Curriculum includes opportunities for pupils to develop understanding and knowledge of healthy lifestyle choices with a focus on resilience and good mental health (visitors and visits to support this area)







Make individual arrangements, as/if required to support KS2 non/weaker swimmers

Meeting national curriculum requirements for swimming and water safety		
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? 25% 1 of 4	Swimming lessons accessed at Broadland Leisure Centre. KS2 pupils access swimming lessons. All KS2 pupils swim for 1 term in Years 3,4,5,and 6	
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke? 0%	The current Year 6 pupils have missed 2 years of swimming and this has had a negative impact.	
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? 0%	However, 100% children have had lessons, enjoy being in the water and can swim but not all fully meet the criteria of being able to swim competently, confidently and proficiently over a	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? No but funding available to do so.	distance of at least 25.	











Academic Year: 2021/22	Total fund allocated: £16,340 c/f £5000 Total: £21,340	Date Updated:	May 2021	
Key indicator 1: The engagement of <u>all</u> pschool children undertake at least 30 min	Percentage of total allocation: 29%			
activity. They are not risk averse and show resilience to enjoy physical activity and outdoor sports and play in all weathers. Children are physically active for more than 30minutes a day. There is something that will engage everyone' in physical activity. Children are in good physical and mental health.	Maximise use of village facilities. Resource school grounds in response to pupil voice and with a view to increasing physical challenge. Access Forest School resources and outdoor learning areas. Increase opportunities for participating in a wider range of physical activities through all areas of the curriculum. Increase free flow for Early Years/KS1	Resources / Summer House in KS1 outdoor learning area £3640 Premier Sport	Evidence and impact: Review: June 2022 The village hall is used for PE which ensures continuity of PE when wet. The space has enabled children to have access to learning/playing sports and games that they could not play in school hall. Eg dance, gymnastics, bench ball The school grounds support engagement in physical activity. Children value playtimes and are active. Different zones lend themselves to different parts of body being exercised. R and KS1 have accessed Forest School once a week all year. KS2 have begun weekly Forest school sessions. 100% children walk to school at least from the village hall car park and play on school grounds before registration to kick start the day, Children are positive about walking and exercise. After school multi sports club and football sessions have been	increasing physical challenge Training and upskilling staff Pupil peer support Growth Mindset Pupil and Family Support Systems Core values Links with community
Key indicator 2: The profile of PE and sp	port being raised across the school as a t	ool for whole scho	accessed by approximately 35% of children. ol improvement	Percentage of total allocation: 29%











School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: June 2022	Sustainability and suggested next steps:
There is a 'buzz' across the school when it comes to sports, PE and physical activity. Pupils and staff make daily good use of the school grounds and have a shared enjoyment for physical activity. Pupils and staff work together to promote and prioritise health activity.	Develop website, newsletter, and displays to celebrate sport, PE and physical activity. Teachers plan and deliver lessons across the curriculum which include outdoor learning and physical activity. Maintain outdoor equipment, environment and trees to ensure a safe learning space for sports, PE, physical	Resources £100 Newsletter Admin TC £150	Highly competent PE coach Year 6 pupils have taken on leadership roles with sporting activities and competitions. Regular tree and equipment surveys. All recommendations followed up. Outdoor area safe. PE is given value through information and photos published in newsletters and on website	 Sports Lead (DG) Delegated pupil responsibilities Delegated staff responsibilities Partnership links Designated governor for sports and PE Grant Cluster Schools Small Schools Network School, community and local press Self and peer assessment











Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				17%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: June 2022	Sustainability and suggested next steps:
All staff have a shared vision for children to be health and active at school being aware of the importance of promoting and modelling love for physical activity. Sports coach feels actively supported in delivering quality PE and sport.	Subject Leadership Time. Peer support across partnership re: assessment of PE. HLTA Sports Coach support CPD of colleagues. Sports HLTA to access training related to coaching skills. Access all promotions and free taster sessions and assemblies linked to healthy eating/sun safety/healthy lifestyle choices.	Leadership IR £250 Assessment Tool £250 Sports Lead DG £3000 Training £100	Peer support contacts set up across the federation. Sports lead has access to support from cluster. 100% children have accessed enrichment sessions via Premier Sport eg fencing, digestion/health day 100% pupils know how to keep themselves healthy in sun and when exercising. 100% pupils have accessed educational opportunities related to healthy lifestyles through the curriculum.	Cluster working Peer Support/sharing best practice CPD Partnership with Premier Sport
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
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School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2022	Sustainability and suggested next steps:







Every child able to share a physical activity that they fully engage with. Children are introduced to activities which support their health and well being and which they carry over and enjoy in their free time at home.	Curriculum Days. Premier Sport led lessons. Promotion of local clubs and activities through the newsletter. Full participation in cluster events.	Premier Sport £3000 Admin TC £100 Cluster Sport £500	R and KS1 access PE lessons led by United Sports. Children are introduced to the local leisure centre and swimming pool. 75% pupils participated in Athletics competition at the UEA 50% children participated in cluster football 25% children participated in cluster X country event	 Parent partnership Community Partnership Premier Sport
Key indicator 5: Increased participation i	n competitive sport	•		Percentage of total allocation:
				3%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: June 2022	Sustainability and suggested next steps:
Children are motivated by achieving personal bests. Children have increasing confidence to compete individually and as part of a team.	Fully participate in cluster events Plan House competitions as a part of PE. Follow an international sporting event.	cluster events staffing/ transport £500 medals/cups etc £100	Pupils are competitive between classes, year groups and houses. 100% children competed in the school's sports day. Children are proud of their efforts, personal bests and improvements.	 Inter school events Personal bests and targets Celebration assemblies Inter House events
Other: Key Indicator 6: Children make consisted children to practise swimming and meet at			ation. Increase opportunity for KS2	% total allocation 6%











Children share a knowledge and understanding of how to become and stay physically and mentally strong and healthy. They apply their learning to make consistently healthy lifestyle choices. Children achieve the national requirement to be competent swimmers by the end of Year 6 so that they can enjoy competing in swimming as a sport and/or enjoy as a leisure activity and keep themselves safe in water.	about healthy lifestyle choices. Strategically stock and present books in library/Library service project boxes. Whole cohort swimming and individual swimming lessons made	transport £1000 Healthy Lifestyle Books £200	· ·	Sustainability and suggested next steps: Parent partnership Community partnership Broad balanced curriculum Well stocked library/resources Links with NORSE Link with Broadland Swimming Pool
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