



## Fleggburgh VC Primary School 2023 – 2024

April 2023

### Sports and PE Grant

#### 'Soar on Wings'

**Context:** Our school understands the difference PE, School Sport and Physical Activity makes to the development of well-balanced responsible individuals. As a school we aim to use the Sports and PE Grant effectively to have an impact on Teaching, Learning and Assessment as well as personal development, wellbeing and behaviour. We seek to ensure all our pupils access sustainable high quality PE, school sport, physical activity and healthy lifestyle choices. The support of our pupils' mental health and time outdoors is a priority.

We want our children to:

- Enjoy at least 60 minutes of physical activity each day with at least 30 minutes at school.
- Know we value and enjoy PE, sport and physical activity.
- Be taught by staff with good knowledge, skills and confidence in sport and PE.
- Be taught by staff who creatively plan for learning in the outdoors and through physical activity across the curriculum
- Enjoy a school learning environment which supports physical activities and healthy lifestyle choices.
- Experience a range of sports and activities
- Have opportunities to take part in competitive sports within the cluster, small schools group, federation and within our in house house system.
- Develop strategies to keep them physically and mentally healthy, strong and resilient
- To develop and apply the school's Christian core values of respect, responsibility, compassion, courage, trust and perseverance so that they can 'soar on wings'

We will report on the impact and key achievements of our work in March 2024

## Impact 2022-2023

We aimed for all our children to:

- Enjoy at least 60 minutes of physical activity each day with at least 30 minutes at school.
- Know we value and enjoy PE, sport and physical activity.
- Be taught by staff with good knowledge, skills and confidence in sport and PE.
- Be taught by staff who creatively plan for learning in the outdoors and through physical activity across the curriculum
- Enjoy a school learning environment which supports physical activities and healthy lifestyle choices.
- Experience a range of sports and activities
- Have opportunities to take part in competitive sports within the cluster, small schools group, federation and within our in the House system.
- Develop strategies to keep them physically and mentally healthy, strong and resilient
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These commitments were fully met during 2022-2023

**KPI 1: The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school**

- Encourage a walking/biking to school culture
- Maximize use of village facilities to promote physical activity and activities which foster an interest in nature
- Maximize use of school grounds throughout the school day in response to pupil voice and with a view to increasing physical challenge
- Pupils across the school to access a Forest School session each week
- Increase opportunities for participating in a wider range of physical activities through all areas of the curriculum
- Increase free flow for Early Years continuing to develop the EY outdoor area accordingly
- Offer regular After School activities/cluster events making increasing use of volunteers and the wider school community

**KPI 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement**

- Teachers plan outdoor learning opportunities in all areas of the curriculum
- Staff and children adopt an 'all weather' approach to being in the outdoors during the school day
- Strategies in place to celebrate and share the joy of participating in sport, PE and outdoor learning and play

**KPI3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

- Develop the role of the Sports HLTA in developing the skills of colleagues
- Provide training opportunities/peer network opportunities linked to PE, sport, physical activity and healthy lifestyles
- Further develop partnership with Sports United to impact the knowledge, skills and confidence of staff

**KPI 4: Broader experience of a range of sports and activities offered to all pupils**

Created by:



Supported by:



- Provide taster sessions and curriculum days to introduce pupils to new activities and skills
- Purchase creative resources to enable pupils to explore new activities
- Follow an international sporting event as a school linked to the curriculum to generate an excitement for Sport and PE
- Fully participate in Acle Cluster Events
- Support, facilitate and encourage parent volunteers to lead after school clubs

KPI 5: Increased participation in competitive sport

- Support and contribute to the development of small schools' networks ( Federation, Cluster, NE Norfolk Rural Schools, neighbouring schools)
- Fully contribute to and access cluster events through the Acle Cluster
- Embed activities which encourage pupils to gain personal bests
- Develop the competitive element through the school's house system

KPI 6: Children make consistent informed health lifestyle choices related to diet and hydration and increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement

- Curriculum includes opportunities for pupils to develop understanding and knowledge of healthy lifestyle choices with a focus on resilience and good mental health (interventions, visitors and visits to support this area)
- Make individual arrangements, as/if required to support KS2 non/weaker swimmers

Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?  71%	Swimming lessons accessed at Broadland Leisure Centre. All KS2 pupils access swimming lessons. Funding is allocated for additional lessons but has not yet been needed.
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?  71%	
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?  71%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	



<b>Academic Year:</b> 2023/24	<b>Total fund allocated:</b> c/f Total: 17650	<b>Date Updated:</b> April 2023		
<b>Key indicator 1:</b> The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 12.3
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b> Review: March 2024	<b>Sustainability and suggested next steps:</b>
Children enjoy Sports, PE and physical activity. They are not risk averse and show resilience to enjoy physical activity and outdoor sports and play in all weathers. Children are physically active for more than 30minutes a day. There is 'something that will engage everyone' in physical activity. Children are in good physical and mental health.	<p>Maximise use of village facilities.</p> <p>Resource school grounds in response</p> <p>Access Forest School resources and outdoor learning areas.</p> <p>Increase opportunities for participating in a wider range of physical activities through all areas of the curriculum.</p> <p>Sustain free flow for Early Years/KS1</p> <p>Offer regular After School activities.</p>	<p>Village hall Hire</p> <p>£1170</p> <p>Sports United to deliver After School clubs</p> <p>£800</p> <p>Provide first aid cover for parent led clubs</p> <p>£200</p>		<ul style="list-style-type: none"> <li>• Parent partnership</li> <li>• Federation peer network</li> <li>• Cluster Schools</li> <li>• Small Schools network</li> <li>• All weather resources</li> <li>• Apparatus which enables increasing physical challenge</li> <li>• Training and upskilling staff</li> <li>• Pupil peer support</li> <li>• Growth Mindset</li> <li>• Pupil and Family Support Systems</li> <li>• Core values</li> <li>• Links with community</li> <li>• Partnership with Community Sports Groups</li> </ul>
<b>Key indicator 2:</b> The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation: 51.4
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b> Review: March 2024	<b>Sustainability and suggested next steps:</b>

<p>There is a 'buzz' across the school when it comes to sports, PE and physical activity. Pupils and staff make daily good use of the school grounds and have a shared enjoyment for physical activity. Pupils and staff work together to promote and prioritise healthy activity.</p>	<p>Develop leadership role for pupils to support physical activity and acquisition of new skills at playtimes and in PE.</p> <p>Develop website, newsletter, and displays to celebrate sport, PE and physical activity.</p> <p>Teachers plan and deliver lessons across the curriculum which include outdoor learning and physical activity.</p> <p>Maintain outdoor equipment, environment and trees to ensure a safe learning space for sports, PE, physical activity and play including markings on field.</p>	<p>Sports Lead/champion £6600</p> <p>Resources £1330</p> <p>Newsletter Admin £150</p> <p>Senior Leadership £500</p> <p>Field markings £500</p>		<ul style="list-style-type: none"> <li>• Sports Lead / Champion (DG)</li> <li>• Delegated pupil responsibilities</li> <li>• Delegated staff responsibilities</li> <li>• Partnership links</li> <li>• Cluster Schools</li> <li>• Small Schools Network</li> <li>• School, community and local press</li> <li>• Self and peer assessment</li> </ul>
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<b>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b>				Percentage of total allocation:
				5
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability and suggested next steps:
All staff have a shared vision for children to be healthy and active when at school being aware of the importance of promoting and modelling love for physical activity and the outdoors.  Sports coach feels actively supported in delivering quality PE and sport.	Subject Leadership Time.  HLTA Sports Coach support CPD of colleagues.  Sports related training opportunities for staff  Access all promotions and taster sessions and assemblies linked to healthy eating/sun safety/healthy lifestyle choices.	Sports Lead £800  Training £100		Cluster working  Peer Support/sharing best practice  CPD  Partnership with Premier Sport and Sports United
<b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>				Percentage of total allocation:
				19.5
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability and suggested next steps:

<p>Every child able to share a physical activity that they fully engage with. Children are introduced to activities which support their health and well being and which they carry over and enjoy in their free time at home.</p>	<p>Curriculum Days. Maintain good and safe outdoor spaces that encourage physical activity Sports United led lessons/sessions. Promotion of local clubs and activities through the newsletter. Full participation in cluster events. Forest Schools for all pupils</p>	<p>Sports United £800 Admin £150 Cluster Sport £1000 Buy in Forest School provision for whole school from Little Explorers Nursery £1000 Sports Safe £500</p>		<ul style="list-style-type: none"> <li>• Parent partnership</li> <li>• Community Partnership</li> <li>• Premier Sport/Sports United</li> </ul>
<p><b>Key indicator 5: Increased participation in competitive sport</b></p>				<p>Percentage of total allocation: 4.5</p>
<p>School focus with clarity on intended <b>impact on pupils:</b></p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact: Review: March 2024</p>	<p>Sustainability and suggested next steps:</p>
<p>Children are motivated by achieving personal bests. Children have increasing confidence to compete individually and as part of a team.</p>	<p>Fully participate in cluster events Plan House competitions as a part of PE. Follow an international sporting event.</p>	<p>cluster events staffing/ transport £500 medals/cups etc £100 School kits £200</p>		<ul style="list-style-type: none"> <li>• Inter school events</li> <li>• Personal bests and targets</li> <li>• Celebration assemblies</li> <li>• Inter House events</li> </ul>



		Evolve £100		
<b>Other:</b> <b>Key Indicator 6:</b> Children make consistent informed health lifestyle choices related to diet and hydration. Increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement				% total allocation  6.55
Children share a knowledge and understanding of how to become and stay physically and mentally strong and healthy. They apply their learning to make consistently healthy lifestyle choices.  Children achieve the national requirement to be competent swimmers by the end of Year 6 so that they can enjoy competing in swimming as a sport and/or enjoy as a leisure activity and keep themselves safe in water.	Further develop a broad balanced curriculum which supports learning about healthy lifestyle choices.  Strategically stock and present books in library/Library service project boxes.  Whole cohort swimming and individual swimming lessons made available if and when required for Year 6 non/weak swimmers.	Targeted swimming £50  Swimming transport £1000  Healthy Lifestyle Books/Resources £100	Evidence and impact: Review: March 2024	Sustainability and suggested next steps: <ul style="list-style-type: none"> <li>• Parent partnership</li> <li>• Community partnership</li> <li>• Broad balanced curriculum</li> <li>• Well stocked library/resources</li> <li>• Links with NORSE</li> <li>• Link with Broadland Swimming Pool</li> </ul>